

Date	Company/Speaker/Venue	Activity and notes
21 Sep	Les Ballets Trockadero de Monte Carlo Ballet Ⓟ	<i>Les Ballets Trockadero de Monte Carlo Ballet</i> are incredible and hilarious to watch as they bring their special brand of comedy to modern and classical dance. Join us for a fun dance workshop with a comedic touch as members of the artistic team join LBAC for the start of the term with special guest Irene Sinclair (Renie) as she celebrates her 110th birthday.
28 Sep	No Session	Family Fridays
5 Oct	Bollywood workshop with Showmi Ⓟ	Inspired by <i>Taj Express</i> , join Bharatnatyam and Monipuri choreographer <b>Showmi Das</b> for a fantastic dance workshop. As a dancer Showmi has trained in Kathak under Jayashree Acharya, a senior disciple of the world renowned Pandit Birju Maharaj. She is currently working with the St Luke's Creative Project on a performance due to take place during the Fun Palace's weekend at Sadler's Wells on 7th Oct.
12 Oct	<i>Reckonings</i> with Ellie Hartwell and Alesandra Seutin Ⓟ	Producer <b>Ellie Hartwell</b> and choreographer <b>Alesandra Seutin</b> join us to talk through the ideas behind <i>Reckonings</i> , a Sadler's Wells production to celebrate the 20 <sup>th</sup> anniversary of the Theatre.
19 Oct	<b>Chotto Desh – LBS</b> 1.30pm £3 payable to ticket office Ⓟ	<i>Chotto Desh</i> , meaning "small homeland," draws on Khan's unique quality of cross-cultural storytelling, creating a compelling tale of a young man's dreams and memories from Britain to Bangladesh. Using a unique mix of dance, text, visuals and sound, <i>Chotto Desh</i> celebrates the resilience of the human spirit in the modern world and promises to be a magical, thrilling and poignant dance theatre experience for families to enjoy together.
26 Oct	No Session	Family Fridays
2 Nov	BRB – Q&A The Wayward Daughter 2-3pm Ⓟ	Join us for a unique Q&A with Company Manager <b>Will Mauchine</b> and a special guest as they give you an exclusive insight into <i>The Wayward Daughter</i> . With dancing chickens, a dizzying ribbon dance, clog-dancing, this comic masterpiece is surely the happiest of ballets.

9 Nov	<b>Rambert - Two</b> Ⓣ	<b>Rambert</b> is Britain's national dance company. It presents new and historic dance works to audiences in all parts of the country, performed by world-class dancers and accompanied by live music, alongside extensive outreach, education, participation and professional development work. Join members of Rambert's artistic team for an insightful Q&A where it's your chance to find out about their newest creations.
16 Nov	<b>Company of Elders – Japan Trip</b> ⓉⓂ	The Company recently undertook a trip to Japan organised by <b>Elaine Foley</b> , Project Manager to Saitama Arts Theatre to perform three pieces of choreography and take part in a workshop. Joined by Rehearsal Director <b>Simona Scotta</b> join us for a talk and a mini workshop based on their experience.
23 Nov	<b>Season Preview Alistair Spalding</b> Ⓣ	Join us for the highlight of each term as Artistic Director and Chief Executive <b>Alastair Spalding</b> joins Arts Club to talk through the next seasons dance highlights across all three venues.
30 Nov	<b>No Session</b>	<b>Family Fridays</b>
7 Dec	<b>Xmas Party</b> 2-4pm	An annual LBAC festive celebration - enjoy a range of joyful performances from LBAC members. Bring nibbles and cakes and Sadler's Wells will supply teas, coffees and mulled wine

ⓂWorkshop ⓄDiscussion ⓉTalk ⓂRehearsal ⓄPerformance  
For workshops, comfortable clothes and shoes are advisable.

Spring Term: 11 Jan – 5 Apr